

Disability Sport & Recreation

1,000,000

Victorians with disability

69%

Overweight or obese

48%

Mental health issues

42%

Seriously considered suicide

Sport and recreation...
not a level playing field



1 in 4

People with disability participate in sport and recreation



3 in 4

People without disability participate in sport and recreation

Sport & recreation is good for

physical health

mental health

emotional wellbeing



We listen and take action

Disability Sport & Recreation gets more Victorians with disability active



We bring everyone on board for better health for Victorians with disability through sport and recreation



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DISABILITY SPORT & RECREATION