

ANONYMOUS 17122 - New submission from Early Years Strategy - Public Submissions

The Solihull Approach is an evidence-based model underpinned by recognised theoretical frameworks of containment (Bion) and reciprocity (Brazelton, Beebe), that support understanding of, and behavioural change (Skinner). I

The approach offers a range of training and courses for parents, practitioners and anyone working with families from the antenatal period to adolescents, and those working with adults.

The model supports emotion regulation and self-reflection and has been available worldwide for many years.

The UK NHS funded training of early years practitioners and home visitors.

Since 2017, training has been available in Australia.

The Solihull Approach is now on the approved training provider menu School Readiness Funding Program, Victoria. Training is also funded by the Perinatal and Mental Health programs, Ministry of Health, NSW. Local government organisations, NGOs and NFP and private organisations have trained a number of Australia professionals. Parent infant units and early parenting centres too, have trained and are training staff.

Nationally, parent groups courses have been undertaken by a range of caregivers, and have been reported as appropriate for and accessible for Indigenous families, caregivers involved in support services such as child protection and specialist cohorts such as foster carers and those caring for neurodiverse children.

Professional and parent trainings include neurosciences, psychotherapeutic concepts as a thinking framework to scaffold presenting behaviours. The trainings are designed to enable caregivers and practitioners to think about experiences behinds behaviour and what the adult themselves can adjust, rather than imposing behaviour modification on those who are indicating they are struggling.

Training is set up to be a 'cascade model', so once trained, internal personnel can then provide their own Foundation workplace training and facilitate parent groups.

Solihull Approach - Australia has been approached by ARACY to discuss support of and from the Common Approach.

The Solihull Approach is a thinking framework, as such embedding the leaning into a way of thinking is critical for application and sustainability. Training groups are therefore small and followed up with direct access to the Australian Governance Centre, access to free 'Community of Practice' sessions, networking groups and trainer support groups.

For additional details please feel free to contact me or go to the website

www.solihullapproach.com.au