



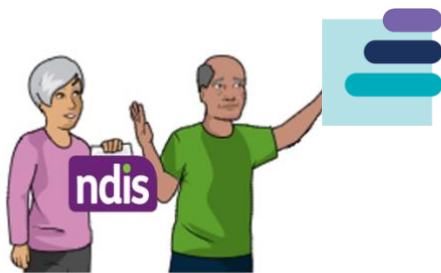
Foundational
Supports

General Supports Information Sheet

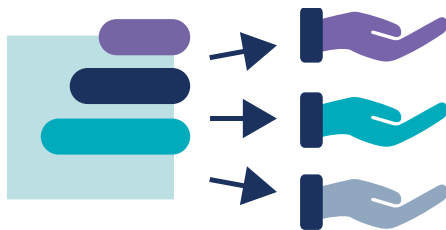
Easy English



Foundational Supports are extra help for people with disability.



You can get them even if you don't get NDIS.

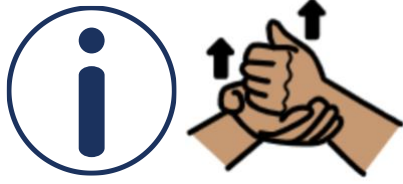


There are different types of Foundational Supports.



General Supports

This is information about **General Supports**.



General Supports can give information and help so you:



- can find the supports you need



- can make your own choices



- live a good life and see your friends and others.



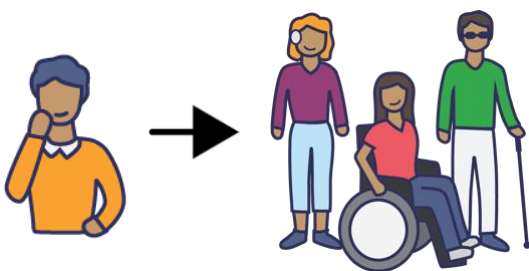
General Supports will help you:



- understand your rights



- advocate for yourself



- join in with others with disability.



General Supports can also help:



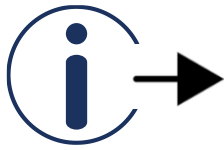
- your family



- carers



- the community.



Your family and carers can get information about support:



- for them



- for your disability



- for you.

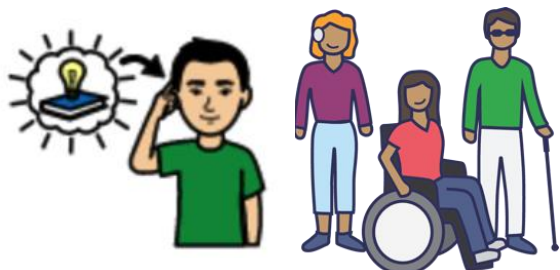




The community can get help to:



- support all people with disability



- learn more about disability



- support people with disability better.



You can talk to us.



To find out more you can look here:

<https://engage.dss.gov.au/foundational-supports/>

or



you can email us at

[**Foundational.Supports@dss.gov.au**](mailto:Foundational.Supports@dss.gov.au)

Easy English document using

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